

Sunday 07-04	Monday 07-05	Tuesday 07-06	Wednesday 07-07	Thursday 07-08	Friday 07-09	Saturday 07-10
Breakfast						
Hot Cereal French Toast w/ Margarine & Syrup Sausage Patties Coffee, Tea, Milk, Juice	Choice of Cold Cereal Cheesy Scrambled Eggs Toast Coffee, Tea, Milk, Juice	Hot Cereal Pancakes w/ Margarine & Syrup Sausage Links Coffee, Tea, Milk, Juice	Choice of Cold Cereal Poached Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Hot Cereal Egg Patty Breakfast Ham English Muffin Coffee, Tea, Milk, Juice	Choice of Cold Cereal Egg & Sausage Bake Toast Coffee, Tea, Milk, Juice	Hot Cereal Buttered Waffles w/ Margarine & Syrup Sausage Patties Coffee, Tea, Milk, Juice
Lunch						
Independence Day Hamburgers Potato Salad Corn Watermelon Ice Cream Assorted Beverages	Salisbury Steak Mashed Potatoes Green Beans Dinner Roll Fresh Baked Cookies Coffee, Tea, Milk, Juice	Chicken Cordon Bleu Egg Noodles Prince Charles Veg Blend Cornbread Mandarin Oranges Coffee, Tea, Milk, Juice	Cheese Pizza Broccoli or Salad Bread Sticks Jell-O Cup Coffee, Tea, Milk, Juice	Pork Roast Sweet Potatoes Zucchini Chocolate Cherry Parfait Coffee, Tea, Milk, Juice	Philly Cheesesteaks Potato Wedges Mandarin Cole Slaw Coconut Cake Coffee, Tea, Milk, Juice	Meatloaf Garlic Mashed Potatoes Brown Gravy Broccoli Dinner Roll Lemon Pudding Coffee, Tea, Milk, Juice
Dinner						
Oven Baked Fish Mac & Cheese Green Peas Peaches Coffee, Tea, Milk, Juice	Cheese Stfd Pasta Shells Italian Veg Blend Garlic Bread Watermelon Coffee, Tea, Milk, Juice	BBQ Rib Sandwich Baked Beans Cole Slaw Ice Cream Coffee, Tea, Milk, Juice	Taco Salad Bowls Fiesta Rice Corn Orange Cake Coffee, Tea, Milk, Juice	Creamy Beef & Noodles Tuscan Veg Blend Dinner Roll Cinnamon Applesauce Coffee, Tea, Milk, Juice	Baked Ziti Cauliflower Garlic Bread Apricots Coffee, Tea, Milk, Juice	Sloppy Joes Curly Fries Green Beans Fruited Gelatin Coffee, Tea, Milk, Juice

Margarine & Assorted Jellies available with all meals

Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change

WK 3

Sunday 07-11	Monday 07-12	Tuesday 07-13	Wednesday 07-14	Thursday 07-15	Friday 07-16	Saturday 07-17
Breakfast						
Hot Cereal Scrambled Eggs Bacon Toast Coffee, Tea, Milk, Juice	Choice of Cold Cereal Cheese Omelet Canadian Bacon Muffins Coffee, Tea, Milk, Juice	Hot Cereal French Toast w/Margarine & Syrup Sausage Links Coffee, Tea, Milk, Juice	Choice of Cold Cereal Scrambled Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Hot Cereal Fried Eggs Sausage Patty Toast Coffee, Tea, Milk, Juice	Choice of Cold Cereal Egg Patty Breakfast Ham English Muffin Coffee, Tea, Milk, Juice	Hot Cereal Pancakes w/Margarine & Syrup Sausage Links Coffee, Tea, Milk, Juice
Lunch						
Baked Ham Au Gratin Potatoes Capri Veg Blend Buttered Bread Strawberry Shortcake Coffee, Tea, Milk, Juice	Lemon Baked Cod Parslied Potatoes Baby Carrots Dinner Roll Key Lime Torte Coffee, Tea, Milk, Juice	Herb Marinated Chicken Mushroom Pasta Italian Veg Blend Buttered Bread Cheesecake Coffee, Tea, Milk, Juice	Beef Teriyaki White Rice Green Peas Egg Rolls Blondie Bars Coffee, Tea, Milk, Juice	Cabbage Rolls w/Sauce Mashed Potatoes Glazed Carrots Dinner Roll Fresh Baked Cookies Coffee, Tea, Milk, Juice	Beef Stroganoff Peas & Carrots or Salad Garlic Bread Brownies Coffee, Tea, Milk, Juice	Braised Pork Roast Mashed Potatoes Steamed Broccoli Buttered Bread Carrot Cake Coffee, Tea, Milk, Juice
Dinner						
Trky Cranberry Sandwich Vegetable Soup Red Grapes Coffee, Tea, Milk, Juice	All Beef Franks French Fries Cole Slaw Peaches Coffee, Tea, Milk, Juice	Hot Rst Beef Sandwich Mashed Potatoes Wax Beans Baked Apples Coffee, Tea, Milk, Juice	Chicken Tenders Sweet Potatoes Corn Fruit Cup Coffee, Tea, Milk, Juice	Greek Sliders Pasta Salad Breadstick Watermelon Coffee, Tea, Milk, Juice	BBQ Chicken Baked Beans Summer Squash Cinnamon Applesauce Coffee, Tea, Milk, Juice	Ham & Cheddar Sandwich Mushroom Barley Soup Cucumbers Fruit Salad Coffee, Tea, Milk, Juice

Margarine & Assorted Jellies avilable with all meals
 Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change
 WK 4

Sunday 07-18	Monday 07-19	Tuesday 07-20	Wednesday 07-21	Thursday 07-22	Friday 07-23	Saturday 07-24
Breakfast						
Hot Cereal Cheesy Scrambled Eggs Toast Coffee, Tea, Milk, Juice	Choice of Cold Cereal Buttered Waffles w/ Margarine & Syrup Smokie Links Coffee, Tea, Milk, Juice	Hot Cereal Scrambled Eggs Sausage Patty Hashbrowns Coffee, Tea, Milk, Juice	Choice of Cold Cereal French Toast w/ Margarine & Syrup Sausage Links Coffee, Tea, Milk, Juice	Hot Cereal Poached Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Cold Cereal Fried Eggs Yogurt Toast Coffee, Tea, Milk, Juice	Hot Cereal Cheesy Scrambled Eggs Danish Coffee, Tea, Milk, Juice
Lunch						
Italian Baked Chicken Potatoes Romanoff Prince Charles Veg Dinner Roll Fruit Crisp Coffee, Tea, Milk, Juice	Savory Meatballs Sautéed Mushrooms Corn Casserole Buttered Bread Peaches Coffee, Tea, Milk, Juice	Orange Glazed Chicken Garden Rice Green Peas Dinner Roll Chocolate Pudding Coffee, Tea, Milk, Juice	Ssg & Potato Au Gratin Lima Beans or Salad Buttered Bread Fresh Baked Cookies Coffee, Tea, Milk, Juice	Turkey Pot Roast Whipped Swt Potatoes Peas & Carrots Dinner Roll Sheet Cake Coffee, Tea, Milk, Juice	Chipped Beef on Toast Mashed Potatoes Spinach Cherry Pie Coffee, Tea, Milk, Juice	Beef w/Broccoli White Rice Green Peas Dinner Roll Lemon Bars Coffee, Tea, Milk, Juice
Dinner						
Salmon Croquet Broccoli Rice Breadstick Tropical Fruit Coffee, Tea, Milk, Juice	Egg Salad Croissant Soup of the Day Green Beans Fruited Gelatin Coffee, Tea, Milk, Juice	Cheeseburgers Potato Salad Watermelon Coffee, Tea, Milk, Juice	Oven Fried Fish Mac & Cheese Cole Slaw Buttered Bread Brownies Coffee, Tea, Milk, Juice	Goulash Mixed Vegetables Cornbread Cinnamon Applesauce Coffee, Tea, Milk, Juice	Grilled Cheese Sandwich Tomato Soup Fruit Cup Coffee, Tea, Milk, Juice	Chkn & Stuffing Casserole Sunshine Carrots Biscuits Red Grapes Coffee, Tea, Milk, Juice

Margarine & Assorted Jellies available with all meals
Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change
WK 5

Sunday 07-25	Monday 07-26	Tuesday 07-27	Wednesday 07-28	Thursday 07-29	Friday 07-30	Saturday 07-31
Breakfast						
Hot Cereal Western Scrambled Eggs Toast Coffee, Tea, Milk, Juice	Choice of Cold Cereal Buttered Waffles w/ Margarine & Syrup Sausage Links Coffee, Tea, Milk, Juice	Hot Cereal Breakfast Sandwich Bacon Coffee, Tea, Milk, Juice	Choice of Cold Cereal Cheesy Scrambled Eggs Hash Browns Yogurt Coffee, Tea, Milk, Juice	Hot Cereal Pancakes w/ Margarine & Syrup Breakfast Ham Slice Coffee, Tea, Milk, Juice	Choice of Cold Cereal Cheese Omelet Raisin Toast Coffee, Tea, Milk, Juice	Hot Cereal French Toast w/ Margarine & Syrup Sausage Patty Coffee, Tea, Milk, Juice
Lunch						
Oven Fried Chicken Scalloped Potatoes Baby Carrots Cinnamon Rolls Coffee, Tea, Milk, Juice	Beef Burgundy Egg Noodles Spinach Dinner Roll Brownies Coffee, Tea, Milk, Juice	Roast Turkey Red Bliss Potatoes Capri VegBlend Buttered Bread Fruit Crisp Coffee, Tea, Milk, Juice	Country Fried Steak Mashed Potatoes Green Peas Biscuits Red Velvet Cake Coffee, Tea, Milk, Juice	Shrimp & Pasta Alfredo Salad or Wax Beans Garlic Bread Assorted Pies Coffee, Tea, Milk, Juice	Cottage Cheese & Fruit Plate Cucumber Slices Fresh Baked Cookies Coffee, Tea, Milk, Juice	Beef Pot Roast Mashed Potatoes Green Beans Cornbread Pudding Parfait Coffee, Tea, Milk, Juice
Dinner						
Tuna Melt Bean Soup Watermelon Coffee, Tea, Milk, Juice	Salsa Chicken Fiesta Rice Broccoli Buttered Bread Diced Pears Coffee, Tea, Milk, Juice	Smoked Sausage Sautéed Peppers & Onions Macaroni Salad Red Grapes Coffee, Tea, Milk, Juice	Cheesy Turkey Casserole Glazed Carrots Buttered Bread Fruit Salad Coffee, Tea, Milk, Juice	Egg Salad Croissant Broccoli Cheese Soup Pickled Beets Mandarin Oranges Coffee, Tea, Milk, Juice	Breaded Fish French Fries Cole Slaw Dinner Roll Chilled Peaches Coffee, Tea, Milk, Juice	Ham Slice Au Gratin Potatoes Brussels Sprouts Buttered Bread Cinnamon Applesauce Coffee, Tea, Milk, Juice

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WK 1