



Sep 01 - Sep 07, 2019

Sunday 09-01	Monday 09-02	Tuesday 09-03	Wednesday 09-04	Thursday 09-05	Friday 09-06	Saturday 09-07
Breakfast						
Hot Cereal Bacon Cheddar Scramble Raisin Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Choice of Cold Cereal Poached Eggs Biscuits & Gravy Margarine Coffee, Tea, Milk, Juice	Hot Cereal Egg & Cheese Sandwich Breakfast Ham Margarine Coffee, Tea, Milk, Juice	Choice of Cold Cereal Scrambled Eggs Bacon Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Hot Cereal Pancakes w/ Margarine & Syrup Turkey Links Jelly / Margarine Coffee, Tea, Milk, Juice	Choice of Cold Cereal Cheese Omelet Hash Browns Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Hot Cereal Scrambled Eggs Pork Sausage Patty Toast Jelly / Margarine Coffee, Tea, Milk, Juice
Lunch						
Salisbury Steak Mashed Potatoes Glazed Carrots Dinner Roll Chocolate Cream Pie Coffee, Tea, Milk, Juice	Citrus Cod Rice Pilaf Broccoli Buttered Bread Pineapple Coffee, Tea, Milk, Juice	Chicken a la King Sea Shell Pasta Green Beans Dinner Roll Brownies Coffee, Tea, Milk, Juice	Beef Pot Roast Mashed Potatoes w/ Gravy California Veg Blend Buttered Bread Fruit Cobbler Coffee, Tea, Milk, Juice	Honey Balsamic Chicken Sweet Potatoes Summer Squash Dinner Roll Cheesecake Coffee, Tea, Milk, Juice	Sauteed Shrimp w/ Parmesan Rice Green Peas Garlic Bread Ice Cream Coffee, Tea, Milk, Juice	Pork Chops Baked Potatoes Broccoli Dinner Roll Raspberry Cookie Coffee, Tea, Milk, Juice
Dinner						
Chicken Salad Croissant Mixed Vegetables Cottage Cheese Applesauce Coffee, Tea, Milk, Juice	Ham Steak Cheesy Potatoes Green Peas Dinner Roll Strawberries Coffee, Tea, Milk, Juice	Grilled Cheese Sandwich Tomato Soup French Fries Melon Salad Coffee, Tea, Milk, Juice	Turkey Sandwich Potato Salad Wax Beans Fruit Cup Coffee, Tea, Milk, Juice	Beef Mac & Cheese Cauliflower Cornbread Mandarin Oranges Coffee, Tea, Milk, Juice	Cottage Chs & Fruit Plate Vegetable Soup Banana Bread Coffee, Tea, Milk, Juice	Grilled Chicken Macaroni Salad Baked Beans Watermelon Coffee, Tea, Milk, Juice

Menus Subject to Change

WK 1

Kitchen

Sunday 09-08	Monday 09-09	Tuesday 09-10	Wednesday 09-11	Thursday 09-12	Friday 09-13	Saturday 09-14
Breakfast						
Hot Cereal California Egg Bake Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Choice of Cold Cereal Scrambled Eggs Pork Sausage Links Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Hot Cereal Poached Eggs Bacon English Muffin Jelly / Peanut Butter Coffee, Tea, Milk, Juice	Choice of Cold Cereal Waffles w/ Margarine & Syrup Turkey Links Coffee, Tea, Milk, Juice	Hot Cereal Scrambled Eggs Breakfast Ham Cinnamon Swirl Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Choice of Cold Cereal Cheesy Scrambled Eggs Hash browns Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Hot Cereal Fried Eggs Sausage Patty Apple Fritter Coffee, Tea, Milk, Juice
Lunch						
Roast Turkey Scalloped Potatoes Capri Vegetable Blend Dinner Roll Pie Coffee, Tea, Milk, Juice	Sweet & Sour Chicken Fried Rice Oriental Vegetables Butterscotch Pudding Coffee, Tea, Milk, Juice	Meatloaf Garlic Mashed Potatoes w/Brown Gravy Mixed Vegetables Dinner Roll Pineapple Cake Coffee, Tea, Milk, Juice	Baked Ham Red Potatoes Peas & Carrots Buttered Bread Cupcakes Coffee, Tea, Milk, Juice	Spaghetti & Meatballs Italian Green Beans Dinner Roll Fruit Crisp Coffee, Tea, Milk, Juice	Baked Cod Fiesta Corn Scalloped Tomatoes Buttered Bread Apricots Coffee, Tea, Milk, Juice	Lime Tarragon Chicken Baked Potato w/Butter & Sour Cream Sunshine Carrots Dinner Roll White Cake Coffee, Tea, Milk, Juice
Dinner						
Egg Salad Croissant Chicken Soup Wax Beans Grapes Coffee, Tea, Milk, Juice	Goulash Baby Carrots Garlic Bread Fruit Cup Coffee, Tea, Milk, Juice	BBQ Pork Ribette Macaroni & Cheese Zucchini Cornbread Baked Apples Coffee, Tea, Milk, Juice	Swiss Steak Rice Pilaf California Veg Blend Berry Salad Coffee, Tea, Milk, Juice	Roast Beef Sandwich Broccoli Cheese Soup Cole Slaw Applesauce Coffee, Tea, Milk, Juice	Cabbage Rolls Mashed Potatoes Green Peas Buttered Bread Cinnamon Applesauce Coffee, Tea, Milk, Juice	Cheese Ravioli Cauliflower Garlic Bread Pistachio Pudding Coffee, Tea, Milk, Juice

Menus Subject to Change

WK 2

Kitchen

Sunday 09-15	Monday 09-16	Tuesday 09-17	Wednesday 09-18	Thursday 09-19	Friday 09-20	Saturday 09-21
Breakfast						
Hot Cereal Ham & Cheese Omelet Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Choice of Cold Cereal Egg Patty Canadian Bacon English Muffin Jelly / Margarine Coffee, Tea, Milk, Juice	Hot Cereal Hard Boiled Egg Pancakes w/ Margarine & Syrup Bacon Coffee, Tea, Milk, Juice	Choice of Cold Cereal Egg & Sausage Scramble Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Hot Cereal Cheesy Scrambled Eggs Cinnamon Rolls Margarine Coffee, Tea, Milk, Juice	Choice of Cold Cereal Poached Eggs Turkey Links Harvest Pumpkin Muffin Margarine Coffee, Tea, Milk, Juice	Hot Cereal Waffles w/ Margarine & Syrup Sausage Patty Hash Brown Coffee, Tea, Milk, Juice
Lunch						
Roast Turkey Mashed Potatoes w/ Gravy Green Beans Buttered Bread Pumpkin Bar Coffee, Tea, Milk, Juice	Pork Chop Suey White Rice Oriental Vegetables Dinner Roll Cherries in Snow Coffee, Tea, Milk, Juice	Bourbon Chicken Sweet Potatoes Cauliflower Biscuit Lemon Cake Coffee, Tea, Milk, Juice	Swedish Meatballs Buttered Pasta Baby Carrots Dinner Roll Apple Strudel Coffee, Tea, Milk, Juice	Creamy Swiss Chicken Roasted Potatoes Brussels Sprouts Buttered Bread Fruit Crisp Coffee, Tea, Milk, Juice	Lemon Baked Fish Mushroom Stuffing Prince Charles Veg Blend Dinner Roll Tapioca Pudding Coffee, Tea, Milk, Juice	Pepper Steak Garden Rice Zucchini Buttered Bread Raspberry Cookie Coffee, Tea, Milk, Juice
Dinner						
Fish Sandwich w/ Tartar Sauce Cheese Broccoli Soup Chilled Peaches Coffee, Tea, Milk, Juice	Beef Ravioli Capri Veg Blend Garlic Bread Fruit Cocktail Coffee, Tea, Milk, Juice	Grilled Cheese Sandwich Tomato Soup Mixed Melon Salad Coffee, Tea, Milk, Juice	Ham Steak Cheesy Potatoes Green Peas Dinner Roll Cinnamon Applesauce Coffee, Tea, Milk, Juice	Taco Pie Rstd Peppers & Onions Fruit Cup Coffee, Tea, Milk, Juice	Three Meat Calzone Broccoli Diced Pears Coffee, Tea, Milk, Juice	Turkey Cranberry Sandwich Potato Soup Mandarin Oranges Coffee, Tea, Milk, Juice

Menus Subject to Change

WK 3

Kitchen

Sunday 09-22	Monday 09-23	Tuesday 09-24	Wednesday 09-25	Thursday 09-26	Friday 09-27	Saturday 09-28
Breakfast						
Hot Cereal Egg & Cheese Croissant Canadian Bacon Margarine Coffee, Tea, Milk, Juice	Choice of Cold Cereal French Toast w/ Margarine & Syrup Sausage Links Coffee, Tea, Milk, Juice	Hot Cereal Cheesy Scrambled Eggs Bacon Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Choice of Cold Cereal Hard Boiled Egg Biscuits & Gravy Margarine Coffee, Tea, Milk, Juice	Hot Cereal Egg Patty Sausage Patty English Muffin Jelly / Margarine Coffee, Tea, Milk, Juice	Choice of Cold Cereal Waffles w/Margarine & Syrup Breakfast Ham Coffee, Tea, Milk, Juice	Hot Cereal Scrambled Eggs Turkey Links Toast Jelly / Margarine Coffee, Tea, Milk, Juice
Lunch						
Roast Pork Scalloped Potatoes Glazed Carrots Dinner Roll Chocolate Pound Cake Coffee, Tea, Milk, Juice	Oven Baked Fish Romanoff Pasta Green Beans Buttered Bread Banana Cream Pie Coffee, Tea, Milk, Juice	Chicken & Broccoli Squash & Peppers Dinner Roll Princess Bars Coffee, Tea, Milk, Juice	Pot Roast Mashed Potatoes w/ Gravy Brussels Sprouts Dinner Roll Blueberry Cheesecake Coffee, Tea, Milk, Juice	Chicken w/ Broccoli & Cheddar Rice Pilaf Chalet Veg Blend Fresh Baked Cookies Coffee, Tea, Milk, Juice	Vegetable Lasagna Salad or Wax Beans Garlic Bread Brownie Coffee, Tea, Milk, Juice	Pork Chops Roasted Red Potatoes Green Beans Dinner Roll Pudding Parfait Coffee, Tea, Milk, Juice
Dinner						
Ham Salad Plate w/ Cottage Cheese Croissant Gelatin Coffee, Tea, Milk, Juice	Roast Beef Sandwich Vegetable Soup French Fries Grapes Coffee, Tea, Milk, Juice	Ham Slice Cornbread Dressing Green Peas Buttered Bread Cinnamon Applesauce Coffee, Tea, Milk, Juice	Turkey Sub Sandwich California Veg Blend Bananas Coffee, Tea, Milk, Juice	Chili w/ Beans Fiesta Corn Cornbread Mandarin Oranges Coffee, Tea, Milk, Juice	Macaroni & Cheese Sweet Potatoes Cauliflower Dinner Roll Melon Salad Coffee, Tea, Milk, Juice	French Dip Sandwich Sausage Bean Soup Baby Carrots Pineapple Coffee, Tea, Milk, Juice

Menus Subject to Change

WK 4

Kitchen

Sunday 09-29	Monday 09-30	Tuesday 10-01	Wednesday 10-02	Thursday 10-03	Friday 10-04	Saturday 10-05
Breakfast						
Hot Cereal Denver Ham Bake Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Choice of Cold Cereal Cheesy Scrambled Eggs Turkey Links Raisin Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Hot Cereal Poached Eggs Bacon Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Choice of Cold Cereal Egg & Sausage Bake Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Hot Cereal Fried Eggs Breakfast Ham English Muffin Peanut Butter / Jelly Coffee, Tea, Milk, Juice	Choice of Cold Cereal Pancakes w/ Margarine & Syrup Sausage Patty Coffee, Tea, Milk, Juice	Hot Cereal French Toast w/ Margarine & Syrup Sausage Links Coffee, Tea, Milk, Juice
Lunch						
Oven Fried Chicken Red Bliss Potatoes Broccoli & Cheese Dinner Roll Carrot Cake Coffee, Tea, Milk, Juice	Savory Meatballs Sauteed Mushrooms Baby Carrots Biscuits Cherry Pie Coffee, Tea, Milk, Juice	Chicken Cordon Bleu Buttered Pasta Brussels Sprouts Buttered Bread Applesauce Cake Coffee, Tea, Milk, Juice	Pot Roast Baked Potato California Veg Blend Dinner Roll Strawberry Shortcake Coffee, Tea, Milk, Juice	Chipped Beef on Toast Mashed Potatoes Green Peas Chocolate Cream Pie Coffee, Tea, Milk, Juice	Sauteed Shrimp Pasta Alfredo Spinach Dinner Roll Ice Cream Coffee, Tea, Milk, Juice	Chicken & Dumplings Mixed Vegetables Biscuits Cup Cakes Coffee, Tea, Milk, Juice
Dinner						
Salmon Patty Rice Pilaf Green Peas Dinner Roll Chilled Peaches Coffee, Tea, Milk, Juice	Egg Salad Sandwich Vegetable Soup Mandarin Oranges Coffee, Tea, Milk, Juice	Hot Turkey Sandwich Mashed Potatoes Green Beans Berry Applesauce Coffee, Tea, Milk, Juice	Oven Fried Fish French Fries Cole Slaw Cornbread Diced Pears Coffee, Tea, Milk, Juice	Slow Cooked Pork w/ Mushroom Gravy White Rice Oriental Veg Blend Dinner Roll Watermelon Coffee, Tea, Milk, Juice	Cheese Pizza Salad or Capri Veg Blend Breadstick Fruit Cocktail Coffee, Tea, Milk, Juice	Deli Sandwich Italian Bean Soup Assorted Chips Cinnamon Apples Coffee, Tea, Milk, Juice

Menus Subject to Change
WK 5