



Feb 03 - Feb 09, 2019

Sunday 02-03	Monday 02-04	Tuesday 02-05	Wednesday 02-06	Thursday 02-07	Friday 02-08	Saturday 02-09
Breakfast						
Hot Cereal Poached Eggs Turkey Sausage Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Choice of Cold Cereal Scrambled Eggs Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Hot Cereal Waffles w/ Fruit & Whipped Crm Sausage Links Coffee, Tea, Milk, Juice	Choice of Cold Cereal Egg & Cheese Sandwich Breakfast Ham Margarine Coffee, Tea, Milk, Juice	Hot Cereal Pancakes w/ Margarine & Syrup Turkey Links Coffee, Tea, Milk, Juice	Choice of Cold Cereal Fried Eggs Canadian Bacon Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Hot Cereal Cheese Omelette Sausage Patty Assorted Donuts Coffee, Tea, Milk, Juice
Lunch						
Beef Pot Roast Mashed Potatoes Glazed Carrots Dinner Roll Apple Pie Coffee, Tea, Milk, Juice	Chicken & Dumplings Green Peas Dinner Roll Pineapple Coffee, Tea, Milk, Juice	Maple Glazed Cod Red Potatoes Spinach Dinner Roll Pumpkin Pie Coffee, Tea, Milk, Juice	Beef Tips Egg Noodles Peas & Carrots Buttered Bread Mini Cheesecake Coffee, Tea, Milk, Juice	Baked Ham Rice Pilaf Brussels Sprouts Fruited Gelatin Coffee, Tea, Milk, Juice	Chicken & Waffles Hashbrowns Cole Slaw Cookie Bars Coffee, Tea, Milk, Juice	Swedish Meatballs Egg Noodles Scalloped Tomatoes Dinner Roll Cinnamon Apples Coffee, Tea, Milk, Juice
Dinner						
Deli Sandwich Potato Soup Cauliflower Grapes Coffee, Tea, Milk, Juice	Polish Sausage Sauerkraut Capri Vegetable Blend Buttered Bread Chocolate Pudding Coffee, Tea, Milk, Juice	Cheeseburgers French Fries Cream Corn Fruit Cup Coffee, Tea, Milk, Juice	Turkey Sub Sandwich Mushroom Barley Soup Beets Peaches Coffee, Tea, Milk, Juice	Sheppard's Pie Broccoli Buttered Bread Pears Coffee, Tea, Milk, Juice	Cheese Pizza Italian Green Beans Garlic Bread Mandarin Oranges Coffee, Tea, Milk, Juice	Baked Ziti California Vegetable Blend Dinner Roll Snickerdoodle Cookies Coffee, Tea, Milk, Juice

Menus Subject to Change

WK 1

Sunday 02-10	Monday 02-11	Tuesday 02-12	Wednesday 02-13	Thursday 02-14	Friday 02-15	Saturday 02-16
Breakfast						
Hot Cereal Pancakes w/ Margarine & Syrup Breakfast Ham Slice Coffee, Tea, Milk, Juice	Choice of Cold Cereal Poached Eggs English Muffin Jelly / Peanut Butter Margarine Coffee, Tea, Milk, Juice	Hot Cereal Ham & Cheese Bake Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Choice of Cold Cereal Scrambled Eggs Raisin Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Hot Cereal Egg & Bacon Scramble Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Choice of Cold Cereal French Toast w/ Margarine & Syrup Hash Browns Sausage Links Coffee, Tea, Milk, Juice	Hot Cereal Egg & Cheese Sandwich Turkey Sausage Margarine Coffee, Tea, Milk, Juice
Lunch						
Roast Turkey Butternut Squash Green Beans Buttered Bread Pumpkin Pie Coffee, Tea, Milk, Juice	Pork Chops Roasted Potatoes Capri Vegetable Blend Dinner Roll Pears Coffee, Tea, Milk, Juice	Chicken a la King Peas & Carrots Biscuits Apple Fritters Coffee, Tea, Milk, Juice	Salisbury Steak Mashed Potatoes Key West Veg Blend Dinner Roll Cookies Coffee, Tea, Milk, Juice	Baked Ham Scalloped Potatoes Spinach Dinner Roll Fruit Crisp Coffee, Tea, Milk, Juice	Goulash Italian Green Beans Garlic Bread Fruit Cup Coffee, Tea, Milk, Juice	Lemon Chicken Roasted Potatoes Tuscan Vegetable Blend Dinner Roll Peanut Butter Pie Coffee, Tea, Milk, Juice
Dinner						
Deli Sandwich Chicken Soup Cottage Cheese Gelatin Coffee, Tea, Milk, Juice	Baked Spaghetti Wax Beans Buttered Bread Mandarin Oranges Coffee, Tea, Milk, Juice	Chili w/Beans Broccoli Corn Muffin Chocolate Pudding Coffee, Tea, Milk, Juice	Hot Dogs Tater Tots Baked Beans Apricots Coffee, Tea, Milk, Juice	Roast Beef Sandwich Potato Soup Cole Slaw Melon Salad Coffee, Tea, Milk, Juice	Breaded Cod French Fries Cheese Biscuit Carrot Cake Coffee, Tea, Milk, Juice	Cabbage Rolls Baby Carrots Buttered Bread Cinnamon Applesauce Coffee, Tea, Milk, Juice

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WK 2

Sunday 02-17	Monday 02-18	Tuesday 02-19	Wednesday 02-20	Thursday 02-21	Friday 02-22	Saturday 02-23
Breakfast						
Hot Cereal Pancakes w/Margarine & Syrup Sausage Patty Coffee, Tea, Milk, Juice	Choice of Cold Cereal Cheesy Scrambled Eggs Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Hot Cereal Waffles w/Fruit & Whipped Cream Turkey Sausage Coffee, Tea, Milk, Juice	Choice of Cold Cereal Cheddar Sausage Bake Biscuits w/ Margarine & Honey Coffee, Tea, Milk, Juice	Hot Cereal Fried Eggs Bacon Muffins Margarine Coffee, Tea, Milk, Juice	Choice of Cold Cereal Poached Eggs Biscuits & Gravy Margarine Coffee, Tea, Milk, Juice	Hot Cereal Scrambled Eggs Hash Browns Toast Jelly / Margarine Coffee, Tea, Milk, Juice
Lunch						
Pork Roast Baked Potato w/Sour Crm Brussels Sprouts Dinner Roll Cheesecake Coffee, Tea, Milk, Juice	Fried Chicken Baked Beans Corn O'Brien Dinner Roll Gelatin Coffee, Tea, Milk, Juice	Pot Roast Mashed Potatoes Carrots Buttered Bread Blueberry Pie Coffee, Tea, Milk, Juice	Cheeseburgers French Fries Cole Slaw Mandarin Oranges Coffee, Tea, Milk, Juice	Apple Pork Chops Sweet Potatoes Spinach Buttered Bread Vanilla Ice Cream Coffee, Tea, Milk, Juice	Beef w/Broccoli Fried Rice Dinner Roll Pineapple Coffee, Tea, Milk, Juice	Chicken Parmesan Spaghetti Noodles Italian Green Beans Garlic Bread Strawberry Shortcake Coffee, Tea, Milk, Juice
Dinner						
Macaroni & Cheese Green Peas Biscuits w/Honey Fruit Cup Coffee, Tea, Milk, Juice	Italian Sausage Cheesy Potatoes Broccoli Banana Pudding Coffee, Tea, Milk, Juice	BBQ Pork Ribette Potato Salad Wax Beans Peaches Coffee, Tea, Milk, Juice	Chicken Alfredo w/Fettuccine Noodles Capri Veg Blend Coconut Cake Coffee, Tea, Milk, Juice	Egg Salad Croissant Cottage Cheese Fruit Plate Gelatin Coffee, Tea, Milk, Juice	Fish Sticks Tater Tots Peas & Carrots Fresh Baked Cookies Coffee, Tea, Milk, Juice	Beef Stew Corn Cornbread Pears Coffee, Tea, Milk, Juice

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Sunday 02-24	Monday 02-25	Tuesday 02-26	Wednesday 02-27	Thursday 02-28	Friday 03-01	Saturday 03-02
Breakfast						
Hot Cereal Cheese Omelet Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Choice of Cold Cereal Egg & Cheese Sandwich Canadian Bacon Margarine Coffee, Tea, Milk, Juice	Hot Cereal French Toast w/ Margarine & Syrup Sausage Patty Coffee, Tea, Milk, Juice	Choice of Cold Cereal Scrambled Eggs Assorted Donuts Coffee, Tea, Milk, Juice	Hot Cereal Pancakes w/ Margarine & Syrup Sausage Links Coffee, Tea, Milk, Juice	Choice of Cold Cereal Bacon & Chs Scramble Toast Jelly / Margarine Coffee, Tea, Milk, Juice	Hot Cereal Fried Eggs Turkey Links Toast Jelly / Margarine Coffee, Tea, Milk, Juice
Lunch						
Meat Loaf Mshd Potatoes w/Gravy Beets Dinner Roll Fruits of the Forest Pie Coffee, Tea, Milk, Juice	Baked Chicken Broccoli Fettuccine Baby Carrots Dinner Roll Vanilla Pudding Cup Coffee, Tea, Milk, Juice	Polish Sausage Red Potatoes Cooked Cabbage Apple Tart Coffee, Tea, Milk, Juice	Roast Turkey Cinnamon Maple Squash Cauliflower Dinner Roll Fruit Crisp Coffee, Tea, Milk, Juice	Pork Chop Suey Fried Rice Oriental Vegetables Brownies Coffee, Tea, Milk, Juice	Herbed Haddock Baked Potato w/ Butter & Sour Cream Broccoli Dinner Roll Red Velvet Cake Coffee, Tea, Milk, Juice	Country Fried Steak Hash Brown Casserole Chalet Veg Blend Buttered Bread Peach Pie Coffee, Tea, Milk, Juice
Dinner						
Ham & Swiss Sandwich Potato Salad Mixed Vegetables Spiced Applesauce Coffee, Tea, Milk, Juice	Grilled Cheese Tomato Soup French Fries Gelatin Coffee, Tea, Milk, Juice	Chicken Pot Pie Caribbean Veg Blend Buttered Bread Pears Coffee, Tea, Milk, Juice	Savory Meatballs Scalloped Potatoes Spinach Biscuits Cantaloupe Coffee, Tea, Milk, Juice	Chili w/Beans Green Peas Corn Muffin Grapes Coffee, Tea, Milk, Juice	Deli Sandwich Mushroom Barley Soup Wax Beans Watermelon Coffee, Tea, Milk, Juice	Ravioli Italian Green Beans Garlic Bread Peaches Coffee, Tea, Milk, Juice

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